

# Hope By The Sea

## Acknowledgement of House Rules

You have made a **choice** to enter this house, to participate in the Hope Academy college program, and to live in an environment that is alcohol and drug-free. The following House Rules are provided to help the house run smoothly and to promote a cooperative and supportive SOBER environment.

1. Alcohol and drug use or possession is prohibited. Any resident who is found to have used, is under the influence, or in possession of illicit drugs will be immediately reported to administrative staffing.
2. Violence or threatening of violence will result in immediate discharge.
3. All residents are expected to attend their scheduled activities, including attending the main center, college classes, AA/NA meetings (minimum of 5 per week), and working with your sponsor. Participation in the weekly house meeting is required.
4. Residents are expected to keep the house clean, neat, and safe. A list of chores will be posted weekly. Residents are expected to complete chores daily-no excuses.
5. The living room, dining room, kitchen, laundry room, front and back yards and garage are common areas. All textbooks, laptops, and study materials are required to be cleared from the study areas when not in use. Rules of common courtesy, respect, cleanliness, and cooperation are in order.
6. All residents are expected to have their beds made and personal space cleaned up **before** leaving premises. Resident areas are to be neat, clean and floor picked up at all times.
7. Smoking is not allowed in the house or garage at any time.
8. Curfew for residents is 10:00pm Sunday through Thursday and 12:00am Friday and Saturday. Doors will be locked after curfew.
9. All residents shall retire to their beds no later than 11:00pm Sunday – Thursday and 12:30am Friday – Saturday.
10. A minimum of 1 hour of study time per class, (outside of study time at the center) is required to be completed Monday – Friday. A minimum of one 2 hour study session per class is required each weekend.
11. All visiting must be done off property unless authorized by administration. No inter-house visitation is allowed, this includes study groups with students not currently residing in the home.
12. Residents are expected to be good neighbors in every way, not just “non-disturbing” neighbors.
13. All medications must be turned over to the resident house manager.
14. Materials that are pornographic or sexually explicit, violent, drug related, or are otherwise deemed offensive by administration are not allowed in **any** Hope facility.
15. All residents in Stage 4 and 5 of the college program are responsible for their own transportation. Transportation is provided for clients in stages 1, 2, and 3. Rides from members of Hope By the Sea’s *other* sober living are NOT allowed.

I, \_\_\_\_\_ have read and acknowledge the House Rules.

\_\_\_\_\_  
Signature of resident

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Signature of staff member/witness